



# Camp Fire

## CAMP KIRBY

Camp Fire Samish & Camp Kirby  
2022 COVID-19 Handbook  
Overnight Camps - Updated July '22



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Dear Camp Kirby Families,

We are very excited to welcome campers to Camp Kirby once again this summer. After safely running seven weeks of Camp in 2021, we feel confident that we can do so again this year. **While creating our policies for this summer, we looked at a variety of resources, including:**

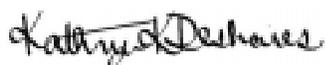
- *COVID-19 Guidance for Overnight Group Summer Camps and Similar Activities* from the Washington State Department of Health
- *Requirements and Guidance to Mitigate COVID-19 Transmission in K-12 Schools, Child Care, Early Learning, Youth Development, and Day Camp Programs* from the Washington State Department of Health
- The American Camp Association (ACA) Field Guide for Camps
- CDC Toolkit for Summer Camps

Our number one goal is to keep Camp healthy once again this summer. This handbook has been designed to give you an idea of what camp will look like this summer. Some things will look similar to last summer, while others may look closer to pre-pandemic summers. These changes have all been made to ensure the health and safety of our camp community.

**In this handbook you will find:**

- Pre-camp requirements for both campers and staff
- What camper check-in and arrival at camp will look like
- Camp Kirby's COVID Plan
- What Camp will look like this summer, and preparing your camper

As you review this information, please reach out if you have any questions, concerns, or suggestions. Thank you again for entrusting us with your campers. We are eagerly anticipating the upcoming summer season, and can't wait to provide a safe and fun camp experience for your campers.



Kathryn "KitKat" Deshaies  
Camp Kirby Camp Director

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# Key Points

When we began this year, our policies were based on current [Covid-19 Community Levels](#) as identified by the CDC. As I write this, Skagit County's level is still showing as LOW, but many surrounding counties have elevated AND we have seen cases and transmission here at Camp. With that in mind we have made the decision to update some of our policies for this summer.

## **Stay home when sick.**

Both staff and campers are required to stay home if they feel unwell, or show any signs of COVID-19.

## **Pre-Camp Requirements**

All campers and staff, regardless of vaccination status, will be required to take a COVID test within 72 prior to the start of their camp session. After confirming with Skagit County Public Health, we have updated our pre-camp testing requirement options:

Option A.) Have your camper complete a PCR lab test within the 72 hours prior to their arrival at Camp. To find a local testing site, visit this site- <https://doh.wa.gov/emergencies/covid-19/testing-covid-19/testing-locations>

Option B.) Complete a Rapid test within the 6 hours prior to your camper's arrival at Camp. This can be lab-performed OR an at-home rapid test. We will need to be provided with a photo (with a verifiable timestamp) of the test or test results. If you do not have access to an at-home rapid test, we will also have tests available upon arrival at Camp.

## **Check-in and Arrival at Camp**

Camper check-in will be facilitated the same way as last summer. We will have staggered check-in times to allow ample time for health checks, COVID testing, etc. Additionally, some items will be able to be completed before your arrival at Camp (Ex: depositing money into your camper's store account), visitors to Camp during check-in will be limited, and additional health screenings will take place. **We do ask that everyone wear a mask during the check-in process.**

## **Masks**

Facial Coverings will continue to be optional during much of our time at Camp this summer. **There will however be certain times and situations where they are required, so we do ask that campers bring masks with them to camp.** Masks will be required when campers are interacting with groups from outside their unit, while in Health House, and when we come together for all-camp activities where distancing is not possible. Campers and staff are welcome to wear a mask at any time, and their decision will be respected.

### **Non-Pharmaceutical Interventions (NPIs)**

In addition to things mentioned above, we will be frequently cleaning high-touch surfaces (door handles, sink faucets, toilets, etc.), and focusing on increased hand washing and hand-sanitizing. We will also be eating many of our meals outdoors, weather permitting.

## **Pre-Camp Requirements**

### **Testing**

All campers and staff, regardless of vaccination status, will be required to take a COVID test within 72 prior to the start of their camp session. After confirming with Skagit County Public Health, we have updated our pre-camp testing requirement options:

Option A.) Have your camper complete a PCR lab test within the 72 hours prior to their arrival at Camp. To find a local testing site, visit this site-  
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Option B.) Complete a Rapid test within the 6 hours prior to your camper's arrival at Camp. This can be lab-performed OR an at-home rapid test. We will need to be provided with a photo (with a verifiable timestamp) of the test or test results. If you do not have access to an at-home rapid test, we will also have tests available upon arrival at Camp.

### **Vaccines**

It is **recommended** by the Washington State Department of Health and CDC that all campers and staff are up to date, including any appropriate boosters, on COVID-19 vaccinations prior to the start of their camp session.

# Camper Check-in and Arrival at Camp

## Staggered Check-in times

In order to maintain our cohorts and minimize interactions between families, arrival times will be staggered. If a family has more than one camper attending a session, please arrive during the earliest camper's designated time. You'll be able to check all of your children in then. **Please wear a mask during the check-in process.**

### Check-in arrival windows:

CITs - 2:00-2:30PM

Beachcomber/Tanika Units - 2:30-3:00PM

Adventurer Unit - 3:00-3:30PM

HiTor Unit - 3:30-4:00PM

MuaMi Unit - 4:00-4:30PM

## Limited number of visitors

We know that bringing your campers to camp is an incredibly special experience. In typical years, we love to see cars full of families rolling down the hill to get campers checked in for their session. This year, we ask that you limit the number of extra visitors in the car during drop-off and pick-up, to the extent possible.

## Health Screening

When you first arrive at Camp, the initial health screening will happen while you are still in your car, in line, at the top of the hill. Campers' test results will be reviewed at this time. Your camper will then go through their traditional health check once they are down in Main Camp. This health check may include a Rapid Antigen Test for COVID-19.

## Store Money Deposit

In order to streamline our check-in process, you will be able to deposit money into your camper's store account before you arrive at Camp. This will be done via your UltraCamp account.

## Meeting the Counselor

Meeting your camper's counselor will be a bit different this year. Instead of taking your camper to their cabin, you and your camper will be met by your camper's counselor in the field once you arrive. You will have a chance to chat before dropping your camper there and heading out. Once the entire group has arrived, your child's counselor will take the group to their cabin and help them get settled in.

# COVID Safety Plans

## Medical Staff

As we do every year, Camp Kirby will have at least one nurse on site while camp is in session. We also have a local pediatrician who signs off on all of our medical policies and procedures. Additionally, all staff who directly supervise children will be trained in adult and pediatric CPR & First Aid.

## Situations requiring medical attention

See COVID-19 Response Addendum

## The event of COVID-19 symptoms and/or a positive case

See COVID-19 Response Addendum

## The event of an outbreak

See COVID-19 Response Addendum

## Policies, Procedures, and NPIs

### Hand Hygiene

We already put a focus on hand-washing, but we will do so even more this year. Hand-washing will be required after using the bathroom, before and after meals, and between activities. In addition to sinks found in bathrooms around Camp, we have also purchased multiple stand-alone handwashing sinks. Hand sanitizer will also be readily available.

### Increased ventilation

Many of our camp activities, including meals, will be held outdoors this year! During indoor activities ventilation will be increased in the buildings. Buildings such as the health center will have portable HEPA air cleaners as well.

### Masks

Facial Coverings will continue to be optional during much of our time at Camp this summer. **There will however be certain times and situations where they are required, so we do ask that campers bring masks with them to camp.** Masks will be required when campers are interacting with groups from outside their unit, while in Health House, and when we come together for all-camp activities where distancing is not possible. Campers and staff are welcome to wear a mask at any time, and their decision will be respected by others.

# COVID-19 Response Addendum

## RESPONSE FOR SUSPECTED & CONFIRMED CASES

	<b>DAY CAMP CAMPERS</b>	<b>OVERNIGHT CAMPERS &amp; ALL STAFF</b>	<b>CLOSE CONTACTS</b>	<b>OTHER CAMPERS, STAFF, &amp; FAMILIES</b>
<p><b>NON-COVID ILLNESS &lt; 24 HOURS</b> Individual has non-COVID symptoms, or only 1 COVID symptom that lasts for less than 24 hours with no known exposure</p>	<ul style="list-style-type: none"> <li>• Must stay home</li> <li>• May return if symptoms resolve within 24 hours</li> </ul>	<ul style="list-style-type: none"> <li>• Remain in quarantine and monitor symptoms</li> <li>• May return to activities if symptoms resolve within 24 hours</li> <li>• Parents notified</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor for symptoms</li> </ul>	
<p><b>NON-COVID ILLNESS &gt; 24 HOURS</b> Individual has non-COVID symptoms that last for 24 hours or more with no known exposure to COVID-19.</p>	<ul style="list-style-type: none"> <li>• Must stay home</li> <li>• May return when individual is symptom-free for 24 hours</li> </ul>	<ul style="list-style-type: none"> <li>• Remain in quarantine and monitor symptoms</li> <li>• If symptoms not resolved in 24 hours, must go home*</li> <li>• Remain isolated until pick-up</li> <li>• May return if symptom-free for 24 hours</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor for symptoms</li> </ul>	

	<b>DAY CAMP CAMPERS</b>	<b>OVERNIGHT CAMPERS &amp; ALL STAFF</b>	<b>CLOSE CONTACTS</b>	<b>OTHER CAMPERS, STAFF, &amp; FAMILIES</b>
<p><b>COVID SYMPTOMS OR CONFIRMED POSITIVE</b> Individual has symptoms of COVID-19 or has tested positive</p>	<ul style="list-style-type: none"> <li>• Must stay home or isolate until pick-up</li> <li>• Trace close contacts</li> <li>• Rapid test at camp if possible</li> <li>• Contact health care provider about PCR testing</li> <li>• See notes below about return after illness</li> <li>• <b>Public Health must be notified</b></li> </ul>	<ul style="list-style-type: none"> <li>• Must go home*</li> <li>• Isolate until pick-up</li> <li>• Trace close contacts</li> <li>• Rapid test at camp</li> <li>• See notes about return after illness</li> <li>• <b>Public Health must be notified</b></li> </ul>	<ul style="list-style-type: none"> <li>• Notified (maintain confidentiality)</li> <li>• Close contact campers must go home</li> <li>• Close contact staff may stay under a modified quarantine (mask with N95, eat outside, sleep in own area)</li> <li>• Follow Public Health guidelines for quarantine and testing</li> <li>• See notes about return after exposure</li> </ul>	<ul style="list-style-type: none"> <li>• Notified (maintain confidentiality)</li> <li>• Provide COVID Fact Sheet</li> </ul>
<p><b>EXPOSURE TO CONFIRMED POSITIVE</b> Individual has a known exposure to someone confirmed to have COVID-19 (see definition of close contact) <i>Applies even for those who are vaccinated</i></p>	<ul style="list-style-type: none"> <li>• Must stay home</li> <li>• Follow Public Health guidelines for quarantine &amp; testing</li> <li>• See notes about return after exposure</li> </ul>	<ul style="list-style-type: none"> <li>• In most cases, campers must go home</li> <li>• Staff may stay under a modified quarantine</li> <li>• Test 3-5 days after exposure</li> <li>• See notes about return after exposure</li> </ul>	<ul style="list-style-type: none"> <li>• Notified if the individual tests positive (maintain confidentiality)</li> </ul>	<ul style="list-style-type: none"> <li>• Notified if the individual tests positive (maintain confidentiality)</li> </ul>

\*Staff without local home may stay at camp in isolation until recovered.

**Close Contact Definition:**

- An individual within 6 feet of a person who has been confirmed positive for COVID-19 for a combined total of 15 minutes over a 24-hour period. Close contact also occurs if someone coughs on, kisses, or shares utensils with the individual or if they come into contact with the individual's body fluids.

**What to do if you are exposed to someone confirmed to have COVID-19:**

- Get tested for COVID-19: Recommended testing is at least 5-7 days after exposure, or if symptoms develop.
- Quarantine: Depending on vaccination status - close contacts of confirmed cases should remain away from others and watch for symptoms. At least 10 days of quarantine is recommended.  
<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/determine-close-contacts.html>
- Modified Quarantine: Close contact staff members can remain at Camp under a modified quarantine. They must wear a well-fitting N95 or KN95 mask, eat outside and at least 6 feet from others, and sleep in a room/tent alone for 10 days.
- A test should be performed 5 days after known exposure.

**Returning to camp after COVID-19:**

- A camper who tested positive for COVID-19 (confirmed case) may return when it has been:
  - 10 days since symptoms began
  - AND at least 24 hours fever-free (without fever-reducing medication)
  - AND symptoms have improved
- A person who tests positive, but never developed symptoms, may return when it has been at least 10 days since they first tested positive.
- A person who had COVID-19 symptoms but who tested negative may return when it has been:
  - At least 24 hours fever-free (without fever-reducing medications)
  - AND symptoms have improved
  - AND documentation of the negative test result has been provided
- A staff member who tested positive (confirmed case) may return when it has been:
  - 5 days since symptoms began
  - AND at least 24 hours fever-free (without fever-reducing medication)
  - AND symptoms have improved
  - For days 5-10, the staff member must remain in modified isolation. IE: wearing a well-fitting mask at all times around others, eating outdoors and 6 feet from others, and sleeping in a building/tent alone.

**Public Health - Skagit County Public Health**

Confirmed or suspected cases of COVID-19 at Camp will be reported to Skagit County Public Health.

**Program Closure** - Camp Kirby will close our programs if we are unable to safely staff camp, or if advised by Skagit County Public Health.